



3. How do you see yourself as a participant/representative of the United Church of Christ in retirement?

4. List any workshops/seminars you've attended or significant books you've read this year?

5. In what ways have you pursued self-care, balance and overall health in retirement?

6. In what ways have you experienced support by the Association, Conference, and national setting of the Church?

7. What are your greatest needs which our Eastern Association might address?

8. What hopes and dreams have you for the coming year?

9. List any rewards/recognitions/honors you received during 2009.

